## COURSE GUIDE – short form

Academic year 2017-2018

| Course name <sup>1</sup> | Physical education                |                       |    |               |  | Course code |    |    | 2SM14DC             |  |
|--------------------------|-----------------------------------|-----------------------|----|---------------|--|-------------|----|----|---------------------|--|
| Course type <sup>2</sup> | DC                                | Category <sup>3</sup> | DI | Year of study | II   | Semester    | 3  |    | nber of<br>t points |  |
|                          |                                   |                       |    |               |  |             |    |    |                     |  |
| Faculty                  | Science and Materials Engineering |                       |    | Num           | Number of teaching and learning hours <sup>4</sup> |             |    |    |                     |  |
| Field                    | Materials Engineering             |                       |    | Total         | L  | т           | LB | Р  | IS                  |  |
| Specialization           | SM                                |                       |    |               | 14   |             |    | 14 |                     |  |

| Pre-requisites from the<br>curriculum <sup>5</sup> | Compulsory  |  |
|--|-------------|--|
|  | Recommended |  |

| General<br>objective <sup>6</sup>   | <ul> <li>Increasing physical and intellectual capacity</li> <li>Improved basic motor capacities</li> <li>Fostering independent practice of physical exercise</li> </ul>  |
|-------------------------------------|--|
| Specific<br>objectives <sup>7</sup> | To identify the structural and functional purpose of physical exercise, basic mean in physical education;<br>To identify the proper means of developing physical activity;<br>To know the meaning of specialty documents in organizing the learning process<br>To individualize the physical effort based on particularities, options and preferences;<br>To identify actions and to dose the physical means used depending on the team<br>To adapt the possessed materials to the student groups and working methodology. |
| Course<br>description <sup>8</sup>  |  |

|  | Assessment                                     |                       | Schedule <sup>9</sup> | Percentage of the final grade<br>(minimum grade) <sup>10</sup> |
|--|--|-----------------------|-----------------------|--|
|  | Class tests along the semester                 |                       | %                     |  |
| Continuous<br>assessment   | Activity during tutorials/laboratory work work | ks/projects/practical |                       | 50%  |
|  | Assignments                                    |                       | 50%                   |  |
|  | Final assessment form <sup>11</sup>            |                       |                       |  |
| Final<br>assessment Examination procedures and conditions:<br>1. ; tasks ; working conditions ; percent of the final grade %<br>2. ; tasks ; working conditions ; percent of the final grade %<br>3. |  |                       | %                     | %  |

| Course organizer    | Asistent univ.dr.Stirbu Ioan |  |
|---------------------|------------------------------|--|
| Teaching assistants |                              |  |

<sup>&</sup>lt;sup>1</sup>Course name from the curriculum

<sup>11</sup> Exam or colloquium

<sup>&</sup>lt;sup>2</sup> DF – fundamental, DID – in the field, DS – specialty, DC – complementary (from the curriculum)

<sup>&</sup>lt;sup>3</sup> DI – imposed, DO –optional, DL – facultative (from the curriculum)

<sup>&</sup>lt;sup>4</sup> Points 3.8, 3.5, 3.6a,b,c, 3.7 from the Course guide – extended form (L-lecture, T-tutorial, LB-laboratory works, P-project, IS-individual study)

<sup>&</sup>lt;sup>5</sup> According to 4.1 – Pre-requisites - from the Course guide – extended form

<sup>&</sup>lt;sup>6</sup> According to 7.1 from the Course guide – extended form

<sup>&</sup>lt;sup>7</sup> According to 7.2 from the Course guide – extended form

<sup>&</sup>lt;sup>8</sup> Short description of the course, according to point 8 from the Course guide – extended form

 $<sup>^{9}</sup>$  For continuous assessment: weeks 1 – 14, for final assessment – colloquium: week 14, for final assessment-exam: exam period

<sup>&</sup>lt;sup>10</sup> A minimum grade might be imposed for some assessment stages