

COURSE GUIDE – short form

Academic year 2017-2018

Course name ¹	Physical education					Course code	1SM14DC		
Course type ²	DC	Category ³	DI	Year of study	I	Semester	I	Number of credit points	

Faculty	Science and Materials Engineering					Number of teaching and learning hours ⁴					
Field	Materials Engineering					Total	L	T	LB	P	IS
Specialization	SM					14			14		

Pre-requisites from the curriculum ⁵	Compulsory	
	Recommended	

General objective ⁶	<ul style="list-style-type: none"> Increasing physical and intellectual capacity Improved basic motor capacities Fostering independent practice of physical exercise
Specific objectives ⁷	<p>To identify the structural and functional purpose of physical exercise, basic mean in physical education;</p> <p>To identify the proper means of developing physical activity;</p> <p>To know the meaning of specialty documents in organizing the learning process</p> <p>To individualize the physical effort based on particularities, options and preferences;</p> <p>To identify actions and to dose the physical means used depending on the team</p> <p>To adapt the possessed materials to the student groups and working methodology.</p>
Course description ⁸	

Assessment		Schedule ⁹	Percentage of the final grade (minimum grade) ¹⁰
Continuous assessment	Class tests along the semester		%
	Activity during tutorials/laboratory works/projects/practical work		50%
	Assignments		50%
Final assessment	Final assessment form ¹¹		%
	Examination procedures and conditions:		
	1. ; tasks ; working conditions ; percent of the final grade %		
	2. ; tasks ; working conditions ; percent of the final grade %		
	3.		

Course organizer	Lector univ.dr.Abalasei Catalin	
Teaching assistants	Lector univ.dr.Abalasei Catalin	

¹Course name from the curriculum

² DF – fundamental, DID – in the field, DS – specialty, DC – complementary (from the curriculum)

³ DI – imposed, DO – optional, DL – facultative (from the curriculum)

⁴ Points 3.8, 3.5, 3.6a,b,c, 3.7 from the Course guide – extended form (L-lecture, T-tutorial, LB-laboratory works, P-project, IS-individual study)

⁵ According to 4.1 – Pre-requisites - from the Course guide – extended form

⁶ According to 7.1 from the Course guide – extended form

⁷ According to 7.2 from the Course guide – extended form

⁸ Short description of the course, according to point 8 from the Course guide – extended form

⁹ For continuous assessment: weeks 1 – 14, for final assessment – colloquium: week 14, for final assessment-exam: exam period

¹⁰ A minimum grade might be imposed for some assessment stages

¹¹ Exam or colloquium