

# COURSE GUIDE – short form

Academic year 2017-2018

Course name <sup>11</sup>	<b>Physical education</b>					Course code	1IPM14DC		
Course type <sup>11</sup>	DC	Category <sup>11</sup>	DI	Year of study	I	Semester	I	Number of credit points	

Faculty	Science and Materials Engineering					Number of teaching and learning hours <sup>11</sup>					
Field	Materials Engineering					Total	L	T	LB	P	IS
Specialization	IPM					14			14		

Pre-requisites from the curriculum <sup>11</sup>	Compulsory	
	Recommended	

General objective <sup>11</sup>	<ul style="list-style-type: none"> <li>Increasing physical and intellectual capacity</li> <li>Improved basic motor capacities</li> <li>Fostering independent practice of physical exercise</li> </ul>
Specific objectives <sup>11</sup>	<p>To identify the structural and functional purpose of physical exercise, basic mean in physical education;</p> <p>To identify the proper means of developing physical activity;</p> <p>To know the meaning of specialty documents in organizing the learning process</p> <p>To individualize the physical effort based on particularities, options and preferences;</p> <p>To identify actions and to dose the physical means used depending on the team</p> <p>To adapt the possessed materials to the student groups and working methodology.</p>
Course description <sup>11</sup>	

Assessment		Schedule <sup>11</sup>	Percentage of the final grade (minimum grade) <sup>11</sup>
Continuous assessment	Class tests along the semester		%
	Activity during tutorials/laboratory works/projects/practical work		50%
	Assignments		50%
Final assessment	Final assessment form <sup>11</sup>		%
	Examination procedures and conditions: 1. ; tasks ; working conditions ; percent of the final grade % 2. ; tasks ; working conditions ; percent of the final grade % 3.		

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Teaching assistants	Lector univ.dr.Abalasei Catalin		